



Vision

Our vision is a society where people living with severe mental illness enjoy equal physical health and the same quality and length of life as everyone else.

Purpose

Equally Well UK is committed to campaigning for a better quality of life for everyone living with severe mental illness through championing equitable access to services and resources that promote better physical wellbeing.

Values

Equity

We believe in fairness and justice, striving to address inequalities in access to physical and mental health support.

Collaboration

We recognise the importance of working together with diverse stakeholders, including people with lived experience, carers, healthcare providers, policymakers, and communities, to drive positive change.

Empowerment

We empower people living with severe mental illness to advocate for their needs, rights, and choices.

Innovation

We embrace innovation and evidence-based practices to continuously improve joint physical and mental health services, interventions, and outcomes.

Compassion

We approach our work with empathy, understanding, and respect for the dignity and worth of everyone affected by severe mental illness.

Priorities

Promoting equitable access to physical health services for people with severe mental illness which addresses inequalities and diversity.

Employing coproduction methodology to ensure everything we do is led by both experts by experience and experts by profession.

Campaigning and influencing for changes in national policy to improve the physical health of people with severe mental illness.

Supporting our members and partners in creating equal physical and mental health by sharing ideas, information and evidence across our network.